



PARENT & TODDLER

What is Parent & Toddlers?

Parent & toddlers is an opportunity for non-primary school children to come into the gym for their first taste of gymnastics. Seeing such a large space can be daunting for any child but we feel that providing a fun and safe environment for children to play and interact with others introduces them gently to what could be a sport for life.

Who is it open to?

The session is open to any child who is not in primary school education.

What is provided?

This session is all about fun so there are coaches around to supervise but not to interfere with a child's natural play. The gym gives an ideal setting to provide a safe play area with the usual gymnastics equipment but also with a sunken trampoline to floor level, tunnels, balls and a large foam pit area.

Why should we do it?

It is a chance to play in a warm friendly environment on stimulating apparatus for a very reasonable price. But more importantly it is the first stepping-stone to introducing your child to the exciting sport of Gymnastics. This is one sport that can provide everything to set your child up for life. They will learn skills that will help their balance, co-ordination, strength, power, poise, and flexibility and will help build any child's character and give them their own special confidence.