

Salto Summer Camp

WAG

2010



Please book early to avoid disappointment!!!

Due to popular demand this year Salto will be holding 2 weeks of Summer Camp

Week 1

Mon 28th June to Friday 2nd July

Week 2

Monday 26th July to Friday 30th July

Cost: Residential

£220 per week—all meals 16 places

Non-Residential

£100— Lunch included only 8 places

IPC Coaches

Tony Byrne, Sun Jie, Gina Popa

Gymnast Requirements:

Upstart on bars
Round off flip
Walkover on beam, working towards flip desirable.
Handspring vault

Activities included in costs:

Swimming session fun pool
Pizza party
Cinema— at extra cost £5

Training Schedule

Mon

12.00 meet+greet
2pm-5pm training

Tues/Wed/Thur

9.30am-12.00pm
1.00pm-3.30pm

Fri

9.00-12.00pm
12.30pm lunch

Email sarah@saltogymnasticsni.com for an application form